

Sports & Outdoors

1-Beirut on Ice 2014 - Ice Skating in City mall

Feb 18 2014 to Apr 30 2014- Every day from 10:00 am until 11:00 pm,
Citymall, Dora

Beirut on Ice is back, offering Lebanese skaters an awesome opportunity to hit the rinks and have a fun time. Whether you're a first-time ice skater or a seasoned pro, there's something for everyone at Beirut on Ice.

Tickets: 25,000 LL, special prices offered for schools, universities, and groups.

Tel: 01-348333 / 70-348333 / 71-348333

2-Paragliding Tandems with Exit to Nature

Feb 18 2014 to Mar 31 2014 -Every Monday to Saturday from 01:00 pm until 06:00 pm

Feb 18 2014 to Mar 31 2014 - Every Sunday from 09:00 am until 06:00 pm

Ghosta - Jounieh

Flight time is 10 to 15 minutes depending on the weather conditions

(If the weather conditions permit it we stay more)

Reservation is required 48 hours prior to your requested date of flight.

Tel: 03 559 992

Website: www.exittonature.com



3-Smar Jbeil Jrabta! Hiking Trip with Vamos Todos

Saturday Mar 01 2014 from 07:30 am until 04:00 pm
Smar Jbeil, in Batroun district.

A trail linking Smar Jbeil, Jrabta and Sghar is our plan for this Saturday. You will see the historical citadel of Smar Jbeil, the Monastery of St. Rafqa, LBC's premises where 'El Wadi' was filmed, and the remains of the ancient Al Qattine Monastery.

The hike will be divided into three levels:

LEVEL 2(4 km), LEVEL 3 (6 km) & LEVEL 5 (8.5 km).

Website: www.vamos-todos.com

4-Beit Chabeb Hiking with Dale Corazon

Sunday Mar 02 2014 from 07:30 am until 03:30 pm

Beit Chabeb is renowned for its historic handicraft industry that gives it a sense of tradition and a character that differentiates it from other villages in the Metn district. It is crucial to discover and realize the importance of our traditional and old Lebanese industries.

Hiking Level: 1 to 3 for easy, 4 to 6 for intermediate, 7 to 9 for strenuous

Our hike Level 4 10 km is a bit tough, it will be a combination of walking in Beit Chabeb village, the vast forests and crossing water sources, old houses and old narrow stone staircases.

Encounter place: Mar Maroun Church Parking, Dora @ 7:30 AM

Fees: 30,000 LL per person including transport, guides and insurance.

Special price 25,000 LL for young under 18 years old or group of 5 persons.

For Reservation: 00961-70-986118

Website: www.dalecorazon.com



5- Anfeh Hiking with Dale Corazon

Sunday Mar 09 2014 from 07:30 am until 04:30 pm

Anfeh is an old town that goes to the Canaanite-Phoenician era.

A local Guide will accommodate us and introduce the village from his perspective.

Hiking level: 1 to 3 for easy, 4 to 6 for intermediate, 7 to 9 for strenuous

First we will stop by a natural cave furnished and set up in an exceptional way. Then, we will go in one group and take an easy path leading to "Saidet el Natour", an old historical monastery. At the end we will walk in the old village rich in ruins and caves and visit a very old Byzantine church and the Citadel of Anfeh.

On our way back to Beirut, we may stop in Batroun to drink fresh Lemonade.

Encounter place: Mar Maroun Church Parking, Dora @7:30AM

Price: 30,000 LL per person including transport, guides and insurance. Special price 25,000 LL for young under 18 years old or group of 5 persons.

For reservation: 00961-70-986118

Website: www.dalecorazon.com



6-Bziza Dar Bechtar Hiking Trip with Vamos Todos

Sunday Mar 09 2014 from 07:30 am until 05:00 pm

Vamos Todos has prepared a new hiking event, in the region of Bziza-Dar Bechtar, which is rich with wonderful trails, old Lebanese houses, ruins, caves, old churches, in addition to a roman well sculpted in rocks.

Our hike will be divided to three levels that will begin walking altogether from the temple of Bziza.

Meeting place: Jdeideh Public Garden, facing Sagesse School @ 7:30 AM

Price: 45000 LBP per person. The prices include transport, guides and insurance.

For reservation call 03-561174 or 79-115001

Website:www.vamos-todos.com

7- IN SHAPE Fair 2014 - Health, Beauty & Fitness Fair

Friday Mar 07 2014 until Monday Mar 10 2014 from 03:00 pm until 10:00 pm

BIEL, Beirut

This edition will bring you together with over 200 Health, Beauty, Fitness, Dietary and Wellbeing companies as well as experts who will be presenting their latest services, products and newest techniques. Thus, In Shape 2014 provides a unique chance for industry professionals and consumers alike to make fruitful contacts, seize great opportunities, spot the latest trends, get certified trainings, meet fields' celebrities, join free fitness or dance classes, enjoy live healthy cooking, watch a catwalk show or simply sit back, relax and get pampered.



8-Souk el Tayeb - Lebanon's first Farmers Market

Feb 06-2014 to Dec 27-2014- Every Saturday from 9am to 2pm at Beirut souks in Down Town Beirut, Lebanon (facing Medgulf building, Trablos street)

Souk el tayeb's vision is to celebrate foods & traditions that unite communities and support small farmers and producers.

Every week the market hosts over 60 producers from all over Lebanon with different and numerous food products (Fruits, Vegetables, Mouneh, Lebanese dishes, honey, olive and oil, Pastries, Saj, sweets, Marzipan...) as well as traditional and special handmade crafts (kids' books, soap, glass, pottery...)

Tel: 01- 442 664

9-Souk Aal Souk Weekly Farmers Market

Feb 18 2014 to Sep 24 2014 - Every Wednesday from 11:00 am until 05:00 pm
Zico House, Spears, Hamra

Souk Aal Souk is a weekly farmers market that offers fresh, healthy and organic products every Wednesday @ Zico House.

Come & meet small producers and farmers from all over Lebanon! Benefit from our nutrition tips, kids' corner and weekly fun activities!



Music

1-All Beethoven at Al Bustan Festival 2014

Sunday Mar 09 2014 from 08:30 pm until 10:30 pm

Patricia Kopatchinskaya will play with the already famous pianist, Fazil Say.

She plays a Giovanni Francesco Pressenda, 1834

Tel: (03) 752000-6 / (04) 972980/1/2.

2-Singing from Heaven at Al Bustan Festival 2014

Friday Mar 07 2014 from 08:30 pm until 10:30 pm

St. George Greek Orthodox Cathedral, Beirut

The Helikon Opera choir

Tchaikovsky Vespers. A soul lifting concert

Tel: (03) 752000-6 / (04) 972980/1/2.



3-The AUB Zaki Nassif Music Festival 2013-2014

Saturday Feb 22 2014 from 08:00 pm until 10:30 pm –
unfolding a new generation

Wednesday Mar 19 2014 from 08:00 pm until 10:30 pm –
Special Tribute to Zaki Nassif

Wednesday Apr 09 2014 from 06:00 pm until 08:00 pm-
Seminars on Zaki Nassif

Thursday Apr 17 2014: Remembering Zaki Nassif

Sunday, May 4: Music from Lebanon & The world

AUB, Bliss Street, Hamra, Beirut, Lebanon

Marking the 10th anniversary of the establishment of the
Zaki Nassif Music Program at the American University of
Beirut, the school is hosting a music festival throughout the
2013-2014 academic years.

4-The heat of summer At Al Bustan Festival 2014

Mar 23 2014 from 08:30 pm until 10:30 pm

Al Bustan Hotel, Beit Mery

Ruxandra Donose, mezzo soprano | The State Youth
Orchestra of Armenia, SYOA | Gianluca Marcianò,
conductor

Berlioz, Les Nuits d'été

Beethoven 6th Symphonie Pastorale

Tel: (03) 752000-6 / (04) 972980/1/2.

Exhibitions/ Arts & Culture

1-DREAM 2014 - Development & Real Estate Annual Meeting - in Collaboration with the Chamber of Commerce in Beirut

Mar 19 2014 to Mar 22 2014 - Every day from 04:00 pm
until 10:00 pm

BIEL -Beirut International Exhibition & Leisure Center

Dream Exhibition, held at Biel, is a distinctive trade fair
that brings together industry professionals and the
public at large, providing them with a common platform
to identify growing businesses and discover new
opportunities.



2-Sourire D'une Ame - Art Exhibition by Soraya Obeid

Feb 21 2014 to Mar 08 2014 -Every Monday to Saturday
from 10:00 am until 06:00 pm,
Saifi, Beirut
Tel: 01-975655

3-"Tete dans les nuages" - Exposition Artistique de Hanibal Srouji

Feb 19 2014 to Mar 19 2014 - Every Tuesday to Friday
from 10:00 am until 07:00 pm Feb 19 2014 to Mar 19
2014 - Every Saturday from 10:00 am until 02:00 pm,
Galerie Janine Rubeiz, Majdalani bldg, next to Bank Audi,
1 Avenue Charles De Gaulle, Rawche, Beirut

4-This Day @ Ten - Art Exhibition by Akram Zaatari

Feb 18 2014 to Mar 22 2014- Every Tuesday to Saturday
from 11:00 am until 06:00 pm
Sfeir - Semler Gallery, QUARANTINA, Beirut

5-Montmartre in Monot - Street Book Market

Saturday Mar 01 2014 from 10:00 am until 07:00 pm
Saturday Apr 05 2014 from 10:00 am until 07:00 pm
Saturday May 03 2014 from 10:00 am until 07:00 pm
Saturday Jun 07 2014 from 10:00 am until 07:00 pm

MONTMARTRE AT MONOT - Street Book Market at
Monot Street -Achrafiyeh

In the market you can buy and sell all kind of books in
any language in a cheerful open air atmosphere.

A huge variety of bargain books in all languages.

For participation call: 03-197900 or 01-330 994

www.rectoversolibrary.com



6- IXSIR Winery Visit

Feb 18 2014 to Dec 31 2014 -Every Tuesday, Thursday, Friday, Saturday, and Sunday from 09:00 am until 04:00 pm

Feb 18 2014 to Dec 31 2014 - Every Wednesday from 09:00 am until 01:00 pm,

IXSIR welcomes you throughout the year to visit their Winery in Basbina, Batroun.

During your visit, a guide will explain what makes IXSIR different by taking you on a journey in their Terroirs, their wine-making process and most importantly the ins and outs of the Winery – and how it affects the quality of their Wine. At the end of the visit, there is a complimentary wine tasting session.

To book your visit and wine tasting please call this number - 71 - 631 613

Website: www.ixsir.com.lb

7-Lebanese Painterly Humanism: Georges D. Corm (1896-1971)

Feb 18 2014 to Apr 19 2014 - Every Tuesday to Saturday from 12:00 pm until 06:00 pm,

American University of Beirut, Bliss, Hamra, Beirut.

8-"Afteratlas" Exhibition by Georges Didi-Huberman and Arno Gisinger

Feb 18 2014 to Mar 22 2014 -Every Monday to Saturday from 12:00 pm until 08:00 pm,

Beirut Art Center, Jisr El Wati, Beirut

Beirut Art Center is pleased to present Afteratlas, an exhibition conceived by French art historian and philosopher Georges Didi-Huberman and Paris-based, Austrian photographer Arno Gisinger.



A Lebanese festival Zambo! March 3rd 2014 | TRIPOLI



In a scene reminiscent of the carnival in Rio de Janeiro, residents of the Lebanese city of Tripoli dressed up in black paint and masks on March 2nd. Held on the eve of Greek Orthodox Lent, the fasting period that starts today, Zambo celebrates the last period of excess.

The inspiration of the annual Zambo celebration is unclear, despite it being a tradition that stretches back over a century to when an emigrant to Brazil returned to his native Tripoli bringing the carnival with him. Revelers young and old joined in the festivities, which were organized by the Greek Orthodox community of the northern port city. From 7am, 50 young men busily painted themselves black, red and blue. Many donned rainbow wigs and grass skirts. "Zambo! Zambo!" they cried as they made their way through the streets of Mina area, accompanied by the sound of drums and flutes.

Written by: Carine Farah
Reception & Information Hostess, Jeita Office
For the February 2014 Newsteller